

ASCENDIS HEALTH LIMITED
(Incorporated in the Republic of South Africa)
(Registration number 2008/005856/06)
ISIN: ZAE000185005 JSE share code: ASC
("Ascendis" or "the Company")

Dealing in securities by a director of major subsidiary

In terms of paragraphs 3.63 - 3.65 of the JSE Limited Listings Requirements, the following information, relating to the dealings in securities by a director of a major subsidiary, is disclosed:

Director:	M Burgess
Office held:	Managing Director of Consumer Brands Division
Transaction date:	28 November 2013
Number of shares:	110 000
Price per share:	R10.20
Transaction value:	R1 122 000
Number of shares:	200 000
Price per share:	R10.10
Transaction value:	R2 020 000
Nature of transactions:	Disposal of shares on the open market
Extent of interest:	Direct beneficial
Written clearance obtained:	Yes

2 December 2013

Cape Town

Investment Bank and Sponsor

Nedbank Capital